

what to pack for

SAUDI ARABIA

FAMILY PACKING LIST



CARRY ON

- Wallet
- Loyalty cards
- Water bottle (check regs)
- Snacks
- Tissues & wet wipes
- Hand sanitizer
- Books / mags / e-reader
- Chewing gum
- Motion sickness tablets
- Travel pillow
- Suitcase keys
- Sun / prescription glasses
- Guide books / maps
- Currency
- _____

KIDS BAG

- Puzzles / coloring / stickers
- Favorite toys
- Books
- Bath toys
- Playing cards
- Lollipops (for ear popping)
- _____

ELECTRONICS

- Phones & chargers
- Headphones
- Tablets & chargers
- Camera & charger
- Power board & converters
- _____
- _____

MEDICAL KIT

- | | |
|--|---|
| <input type="checkbox"/> Band-Aids (different sizes) | <input type="checkbox"/> Prescription medications |
| <input type="checkbox"/> Headache tablets | <input type="checkbox"/> After bite gel |
| <input type="checkbox"/> Antihistamine | <input type="checkbox"/> After sun lotion |
| <input type="checkbox"/> Thermometer | <input type="checkbox"/> Motion sickness tablets |
| <input type="checkbox"/> Antiseptic wipes | <input type="checkbox"/> _____ |

CLOTHING

- | | |
|---|--|
| <input type="checkbox"/> Casual t-shirts | <input type="checkbox"/> Swimsuit |
| <input type="checkbox"/> Smart shirts | <input type="checkbox"/> Hats |
| <input type="checkbox"/> Long pants or trousers | <input type="checkbox"/> Swim nappies |
| <input type="checkbox"/> Skirts / shorts | <input type="checkbox"/> Beach wrap / towel |
| <input type="checkbox"/> Leggings | <input type="checkbox"/> Goggles / mask |
| <input type="checkbox"/> Dresses | <input type="checkbox"/> Beach blanket & shade |
| <input type="checkbox"/> Cardigan / sweater | <input type="checkbox"/> Arm bands / floatation toys |
| <input type="checkbox"/> Rain jacket | <input type="checkbox"/> Walking / active shoes |
| <input type="checkbox"/> Sleepwear | <input type="checkbox"/> Boots |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Sandals / flip flops |
| <input type="checkbox"/> Bras | <input type="checkbox"/> Dress shoes |
| <input type="checkbox"/> Socks / stockings | <input type="checkbox"/> _____ |

BABIES & TODDLERS

- Diapers & wipes
- Diaper cream
- Diaper disposal bags
- Disposable change mats
- Pacifiers
- Bottles / sippy cups
- Sterilizing solution
- Formula
- Baby snacks
- Eating utensils & bib
- Breast pump & bottles
- Nursing cover
- Muslin / burp cloth
- Bottle cooler bag
- Small detergent & brush
- Blankets
- Favorite stuffed toy
- _____
- _____

TOILETRIES

- | | |
|--|---|
| <input type="checkbox"/> Shampoo & conditioner | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Soap / body wash | <input type="checkbox"/> Bug spray |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Vitamins |
| <input type="checkbox"/> Moisturizer | <input type="checkbox"/> Nail clippers & tweezers |
| <input type="checkbox"/> Toothbrushes | <input type="checkbox"/> Chapstick / lip balm |
| <input type="checkbox"/> Toothpaste & floss | <input type="checkbox"/> Feminine hygiene |
| <input type="checkbox"/> Shaving cream | <input type="checkbox"/> Cosmetics |
| <input type="checkbox"/> Razor | <input type="checkbox"/> Jewellery |
| <input type="checkbox"/> Hair products | <input type="checkbox"/> Cleanser / make up remover |
| <input type="checkbox"/> Hair styling items | <input type="checkbox"/> Antipersperant wipes |
| <input type="checkbox"/> Hair brush | <input type="checkbox"/> Antichaffing cream |
| <input type="checkbox"/> Cotton buds | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Contact solution & case | <input type="checkbox"/> _____ |

BIG ITEMS

- | | |
|---|---|
| <input type="checkbox"/> Stroller (& travel bag) | <input type="checkbox"/> Car seat / booster |
| <input type="checkbox"/> Stroller caddy / organizer | <input type="checkbox"/> High chair |
| <input type="checkbox"/> Stroller bag clip | <input type="checkbox"/> Sleep monitor |
| <input type="checkbox"/> Stroller cover or sunshade | <input type="checkbox"/> Sling / baby carrier |
| <input type="checkbox"/> Portable crib | <input type="checkbox"/> _____ |

MISC

- Spare plastic bags
- Laundry bag
- Laundry soap
- Umbrella
- Flashlight
- Utility knife / tool
- Bottle opener
- Note pad & pen
- _____
- _____
- _____
- _____
- _____
- _____